Tour of Mont Blanc – Trekking the Alps
August 31, 2018 – September 12, 2018 (trip #1847)
**About the route:** The Tour of Mont Blanc (“TMB”) is a multi-day trekking route around the base of Mont Blanc. There is no climb of Mont Blanc itself - too technical for most of us. Instead, we will hike around the mountain and surrounding peaks, through the adjacent valleys and idyllic farming villages, passing over high mountain passes in France, Italy and Switzerland. The trip is strenuous, with hikes up to 15 miles, and over 5,000’ of elevation gain and/or loss on some days (not all days). The route is fluid, changing some each year and with many “variantes” along the way. We will occasionally take cable cars or other transportation, so this trip is not a “Purist’s” TMB for those who feel the need to step on every bit of trail.

But, by the end of our 10 days of hiking, we close the circle and can truly say that we hiked the beautiful Tour of Mont Blanc!

**Trip overview:** In essence, the Tour of Mont Blanc is a ten-day circular trekking route in the Alps (France, Italy, and Switzerland). We will hike from hotel to hotel (or hotel to hut). Typically, we sleep in small villages in the valleys (with two nights at back country refuges). We hike up and down high passes or high points most days as we pass from valley to valley. Most of our hiking is on trails, but at times there may be road-walking, ski lifts, cable cars, buses and/or taxis. It’s important that all group members be in good hiking condition for this trip. Strenuous terrain (lots of elevation gain and loss), and hiking at a moderate pace for 10 days in a row, with the need to keep on schedule for lodging and logistical reasons, means that every group member needs recent multi-day hiking/trekking experience. Over the 10 days, we hike 100+ miles and have around 35,000’ feet of cumulative elevation gain and loss – quite a lot of up and down! While some days are less strenuous, we do have some hikes of 13-15 miles, and elevation changes (up and/or down in the same day) of over 5,000 feet. We will carry everything in our backpacks, with no luggage transfer. Typically, our packs will weigh 22-25 pounds – more than a typical daypack, but not as heavy as for a similar length backpacking trip.

**Resources:** Kev Reynolds’s book “Trekking the Tour of Mont Blanc”, published by Cicerone Press, is a great hiker’s reference for this trek. The book describes each daily stage of the trek in detail. While our itinerary may vary slightly from his stages at times, in general we are following his counter-clockwise description of the trek. This book is a great pre-trek read. Please be aware it is available as an e-book including on the Kindle app for smartphones, which is a great way to bring it on the trek without weighing down your pack with a paper book. The website [http://www.autourdumontblanc.com/en/](http://www.autourdumontblanc.com/en/) has some interesting information and resources about the TMB, including information on some of our huts and hotels.
Daily Itinerary:

**Important note:** While the itinerary in this prospectus is what the leaders have planned at the time of writing, various factors may require changes for reasons of safety, transportation or lodging availability, and unforeseeable circumstances (such as weather considerations, natural disasters in areas to be visited, or recommendations of governmental agencies). The leaders reserve the right to make such changes as necessary, both before and during the trip.

**Day 1, Friday August 31, 2018 - Depart USA:** Depart USA (usually on an overnight flight to Geneva, Switzerland, often via Zurich). Your leaders will give specific information on required arrival time parameters for the ground transportation. Do not purchase flights until you have been advised the trip is a “go” by the leaders, and have been given the arrival and departure time parameters.

**Day 2, Saturday September 1 - Arrive Geneva, Switzerland; ground transfer to Les Houches, France:** Arrive Geneva, Switzerland Airport. Van or bus transfer to Les Houches, France. We’ll have a group meeting in the bar/lounge, tentatively at 6:00 PM. There is a supermarket down the street from the hotel, where you should buy any items needed for tomorrow’s trail lunch. There is a smaller market/bakery in tomorrow night’s village, so you may want to buy two days of lunch fixings if you have dietary restrictions. If you arrive outside of the group transfer time parameters (because of the flight you purchase, or because of delays en route), you will be responsible to get to the hotel on your own.


**Day 3, Sunday Sept 2 - Les Houches to Les Contamines (France):** A walk up the street from the hotel brings us to the Bellevue Cable car, which we take up to Bellevue. We hike through the Col du Voza, small hamlets such as Bionassay and Chapel, with ups and downs, trail hiking and road walking, near mountains and in river valleys, before arriving to Les Contamines village. If you need lunch provisions for tomorrow (and possibly the day after), stop at the market or bakery today (the bakery may not have sandwiches ready by departure time tomorrow morning, so it’s best to shop this afternoon).


Breakfast and supper are included.

**Hiking details:** Approximately 5-6 hours hiking without stops (your actual hiking days on TMB may well be 2 hours longer than the hiking time listed each day, due to stops for photos, meals, and enjoyment), 8-9 miles, minimal ascent (thanks to the cable car), about 2,800’ of descent.

**Day 4, Monday Sept 3 - Les Contamines to Refuge Mottets in Ville des Glaciers (France):**

An early start is needed today! Today your leaders will decide on the best of two options (both long and challenging!), depending on the weather and possibility of snow and ice. Both have a long and sometimes steep climb to the Col du Bonhomme and the Col de la Croix de Bonhomme. Then, the slightly shorter, slightly higher, but more exposed Col des Fours TMB variante takes a more remote route while the longer but less exposed main TMB route descends toward
Chapieux village. The latter has a long road walk from Chapieux to Refuge de Mottets but is the safest option if there is any bad weather or recent snow. Both routes converge in the Ville des Glaciers, a tiny village just before Refuge Mottets. If it’s open, it’s well worth a quick stop in the small cheesemakers in Ville des Glaciers, to look around and purchase some of this local cheese for tomorrow’s lunch. A peek into their cheese making room, and the aging room where they will cut your portion of cheese off a huge round, is quite interesting. Or, you may want to order a bag lunch from the Refuge for tomorrow’s lunch.

Proposed lodging: Refuge Mottets.  
Large public dormitory rooms with bathroom facilities in another building.

Breakfast and supper are included

**Hiking details:**

Main TMB route via Chapieux: Approx 9 hours hiking (without stops), 15.5 miles (13 if we are lucky enough to find bus/taxi transportation from Chapieux to Refuge de Mottets – not a sure thing), 4,660’ ascent, 3,100’ descent.

TMB Variante via Col des Fours: Approx 9 hours hiking (without stops), 13 miles, 5,025’ ascent, 3,100’ descent.

**Day 5, Tuesday Sept 4 - Refuge Mottets, France to Courmayeur, Italy:**

Another early start for a long day! Today we hike from France into Italy. From Refuge Mottets we ascend to the Col du Siegne at the France/Italy border. Just after the Col, an interesting visitor center (with bathroom!) is a nice stop. Farther down we’ll hike past Refugio Elisabetta, perched under a beautiful glacier. After a short valley walk, we’ll ascend again, hiking through ski areas on our way to a brief stop at Refuge Maison Vieille above Courmayeur. Our steep, perhaps even tiresome, descent leads us to the lovely ancient village of Dolonne and shortly after to Courmayeur proper. Our Hotel Crampon was founded and is still run by the Grivel family, makers of mountaineering crampons! There are some small markets and bakeries, so you can shop for the next two days lunches.

Proposed lodging: Hotel Crampon in Courmayeur.  
Twin rooms.  
Breakfast is included.

**Hiking details:** Almost 10 hours (without stops), 15 miles, 3,750’ ascent, 5,580’ descent. There is a chance we may be able to arrange a vehicle transport to cut off the last descent into Courmayeur but this is not guaranteed, and the ski lifts are likely closed in September.
Day 6, Wednesday Sept 5 - Possibly Skyway sightseeing tram, then Courmayeur to Refugio Bonatti (Italy):

If the weather is good, we have a great side trip this morning, although it means we must be on quite a tight time schedule. With good weather, we’ll have a taxi or bus pick us up from Hotel Crampon at 8:00 AM, packed and ready to hit the trail, and drive us about 10 minutes to the bottom of the Monte Bianco Skyway [http://www.montebianco.com/en/]. This high speed, two stage tram gets us high above a glacier with amazing views over to Mont Blanc (or, Monte Bianco on this Italian side of the mountain!). If the weather is clear, you can see the Matterhorn in the distance. We’ll descend in time to meet our taxi by 10:30 AM. However if weather is not clear we’ll pass on the Skyway excursion and simply start hiking the TMB from the hotel.

After the Skyway, our taxi or bus will take us back to Courmayeur proper and the start of today’s hike. It’s possible we may get dropped off a bit past the village, cutting off some road walking, to save a bit of time. Today’s hike is past the Refuge Bertone, with gorgeous views back toward Mont Blanc, and to the mountains on the left side of the valley. Eventually we’ll come to Refugio Bonatti, our stop for the night. You may be able to order a bag lunch for tomorrow, but it’s best to have lunch food just in case.


Breakfast and supper are included.

**Hiking details:** Approx 6 ½ hours hiking (without stops), 8 miles, 2,500’ ascent, 350’ descent.

Day 7, Thursday Sept 6 - Refugio Bonatti, Italy to La Fouly, Switzerland; then bus to Champex-Lac:

Today we hike into Switzerland. From Refugio Bonatti we continue along the side of the valley, then descend to Arnuva (small café/auberge with great coffee, cakes, and bathrooms!). Then, we ascend again to the Refuge Elena and then the Col du Ferret, where we pass into Switzerland. Our descent from Col du Ferret takes us past a high altitude refuge and dairy farm at La Peule, and down further to the village of La Fouly. Rather than spend the night here, we will take the public bus or a taxi/van from La Fouly to Champex-Lac.

Proposed lodging: Hotel Mont Lac. [https://hotel-montlac.ch/about/]. Combination of rooms and apartments at this small hotel. Breakfast is included.
**Hiking details:** Approx 7 hours hiking (without stops), plus an hour bus ride (buses run about every 2 hours), 13 miles, 2,700’ ascent, 3,950’ descent.

**Day 8, Sept 7 - Rest day in Champex-Lac, OR bus back and hike the TMB section from La Fouly to Champex-Lac (Switzerland):**

Today you have two options:

1) Enjoy a rest day in this lovely village perched at the edge of a lake, OR
2) Take the bus back to La Fouly to hike the section from La Fouly to Champex-Lac. Although pretty, this may be one of the least exciting hikes of the TMB so not everyone may feel the need to hike it. There is also a steep, unrelenting uphill section before getting into Champex-Lac.

Proposed lodging: Hotel Mont Lac. [https://hotel-montlac.ch/about/](https://hotel-montlac.ch/about/). Combination of twin and single rooms, and 2 bedroom apartments at this small hotel.

You can purchase the next two days lunches at the market or bakery. Breakfast is included.

**Hiking details:** Free day in Champex-Lac, OR 1 hour bus ride + approx 5 hours hiking time (without stops), 9 miles, 1,320’ ascent, 1,475’ descent.

**Day 9, Sept 8 - Champex - Lac to Trient (Switzerland):**

Today we hike to the village of Trient, via the “Alp Bovine”. As the name indicates, you are quite likely to have close encounters with friendly Swiss cows along the trail today. There will be a fairly gradual but fairly relentless uphill starting a bit after leaving Champex-Lac. Along the way, a stop at the Alpage Bovine – a remote refuge and working dairy farm – is well worthwhile. Soup, cakes, and hot drinks are usually available. Eventually, we’ll arrive at the Col de la Forclaz, then descend into the valley and Trient village with a lovely pink church.


**Hiking details:** Approx 6 hours hiking time (without stops), 10½ miles, 2,300’ ascent, 2,760’ descent.
Day 10, Sept 9 - Trient, Switzerland to Argentiere, France:

Our trek brings us back into France today. From Trient, we’ll climb steeply and steadily to the Col du Balme, the border between Switzerland and France. From the Col, our choice will depend on the time and the weather: either continue on to the Aiguillette des Posettes, eventually descending to Tre-la-Champ and then Argentiere, OR from the Col, descend by foot or on ski lifts/gondola to Le Tour, and then take the bus from Le Tour to Argentiere. You can purchase items for tomorrow’s lunch at the market or bakery near our hotel.


**Hiking details:** Approx 6 hours, 8 ½ miles, 3,700’ ascent and descent.

Day 11, Sept 10 - Argentiere to Chamonix (France):

From Argentiere, we’ll ascend the valley wall again, hiking to Lac Blanc (a beautiful spot, with hot drinks and snacks usually available from the Refuge Lac Blanc). If the weather is clear, today’s views are absolutely spectacular. After Lac Blanc, depending on weather, energy, and time of day we’ll either descend on the cable car from La Flegere (with a short bus ride into Chamonix), or hike further and descend from the cable car at Plan Praz (which brings us into Chamonix on foot). Chamonix is a vibrant mountain town.


**Hiking details:** Approx 7 ½ hours hiking time (without stops), 7 miles, 4,200’ ascent and 1,725’ descent (thanks to the cable car).

Day 12, Sept 11 - Chamonix to Les Houches (France):

Our last hiking day, and today we close the circle of the fabulous Tour of Mont Blanc! Our route choice today is dependent on weather and trail conditions. If the weather is good, we may ascend via the cable car to Plan Praz, then hike up to Col du Brevent. Continue along the ridge, then descend past Refuge Bel Lachat to Parc Merlet. There is a section with ladders on this route, so we will not take this option in wet weather. If weather is not good, we will take the low route along the valley wall to Parc Merlet.

Both options meet at Parc Merlet, a wildlife park where various local species such as chamois, ibex and others roam free of cages. The perimeter of the park is fenced, but inside the animals roam free. Walking paths take us through the park (entrance fee is included), and the café is good and with amazing views from the deck (weather permitting). From here, we hike down trails and with quite a bit of road-walking, arrive eventually to the village of Les Houches, our starting and ending point of the Tour of Mont Blanc.

Hiking details: Approx 6 hours hiking time (without stops), 6.8 miles, 1,410’ ascent (thanks to the cable car) and 5,025’ descent. There is a chance we may be able to arrange a taxi/van from Parc Merlet to the hotel, saving us almost 2,000’ of descent (and the least scenic part of the day), but this is not guaranteed.

Day 13, Sept 12 - Depart Les Houches, France; ground transfer to Geneva, Switzerland airport:

Departure. Van or bus transfer from Les Houches to Geneva, Switzerland Airport. You will be provided time parameters for flight departure, to match our shared group bus/van transfer to the airport. Breakfast is included.

PARTICIPANT PROFILE, GROUP EXPECTATIONS, AND SHARED LODGING

To fully participate in this group experience, you must enjoy strenuous hiking with a lot of elevation gain and loss, as part of a group. Expected group size is 10-12 trekkers, including your leaders. Recent multi-day hiking experience, good physical fitness, and ability to maintain a moderate pace at altitude are important. Our hiking days vary but we have days with elevation gain (and/or loss) over 5,000’ and some distances of 15 miles. Although the hotels and refuges will supply bedding so there is no need to carry a sleeping bag or sleep sack, still your backpack will weigh between 22-25 pounds including water and lunch.

A good attitude, friendly and cooperative manner, and interest in getting to know – and maybe even help – your fellow group members and leaders are key to a great experience for everyone. Our lodging includes twin rooms with beds very close to each other, large dormitories with no privacy and co-ed bathrooms. We cannot provide any guarantees of a non-snoring room-mate, quiet room, etc, so a sense of humor will help tremendously with your trip experience.

When you participate in this activity, you should be in proper condition for the challenges outlined in this prospectus and equipped with the appropriate gear as stated. You should always be aware of the risks involved and conduct yourself accordingly. You are ultimately responsible for your own safety. Prior to your acceptance as a participant in this trip, you will be asked to discuss your capabilities and experience with us. We may also request references to confirm your fitness level and suitability for participating in trip activities. This trip is designed so that everyone may experience our adventure of the TMB through shared participation in activities and tasks in an organized group environment. AMC travelers are known for their cooperative efforts, and expectations are that all participants will be considerate of others sharing this AMC Adventure Travel experience.

It may happen on any trip that a trip member is or becomes unable to participate in one or more of the planned activities. Leaders in their sole judgment have the right and obligation to refuse participation in any activity to any group member for reasons of safety, whether it be of the group or of the individual. Illness, injury or lack of proper gear or fitness for a particular activity are examples of some conditions that might result in a participant’s being unable to perform one or more activity. In some locations, public transportation may be available to the group’s next destination, but in other locations this may not be possible. Participants may incur costs of transportation and lodging if they need to skip a section or section(s) of trail due to inability to fully participate in the group hike on any day(s).

AMC Adventure Travel trips are run in a manner supportive of and consistent with the conservation, recreational and educational principles and mission of the Club. Trip leaders encourage participant conduct consistent with Leave No Trace environmental and conservation principles and local regulations.

LODGING AND MEALS

As mentioned above, you will be in shared lodging. You will be assigned a room-mate unless you sign up with someone. Your room-mate will be of the same gender, unless you agree to share with someone of the opposite gender. Much of the trip we will have twin rooms, two people per room with separate beds and a private, en suite bathroom with shower. However in Europe, usually the two twin beds are pushed right up against each other so it’s quite cozy (sometimes you can pull the beds a bit apart, sometimes you cannot). In dormitories, beds or mattresses
are also usually right in a row, no space in between beds, with shared co-ed bathroom/shower facilities a short walk away (sometimes even in a different building). We cannot accommodate special requests such as single room, non-snoring room-mate, etc. Bringing ear plugs is a great idea!

Our meals will vary by location/day and by meal.

Breakfasts: Always included. However please note that European breakfasts provided are much lighter than a typical American breakfast, sometimes a problem because of strenuous hikes. Usually there will be cereal, bread and/or pastries, often cheese, sometimes sliced meat. Rarely eggs or hot food. We suggest you look for what is offered that is more filling and has higher protein (for example, muesli rather than white toast) where there are choices. Carry some filling or high protein snacks for a mid-morning pick-me-up (or carry a large lunch and split it into late morning and mid-afternoon trail meals).

Lunches: Never provided. You will always buy and carry lunches yourself. Most days there are bakeries or markets to shop the night prior. As noted in the prospectus, in some locations you may need to purchase enough for two days when we go into more remote areas. In some locations you can order a trail lunch the evening before (more often in refuges than in hotels).

Snacks: You can buy snacks at local markets most, but not all, days.

Dinners: Some nights dinner is not included. This is in locations where it may be fun for the entire group or sub-groups to explore local restaurants outside our lodging, on your own schedule and expense. When dinner is included (listed in the prospectus), usually it is a set menu and is included because there aren’t many nearby options this time of year. Vegetarians and vegans may find dinners lighter on protein than at home, so carrying a protein bar, nuts, or other high protein snack can be useful to supplement.

Special diets: We have less control over the menu than in some areas of the world. Vegetarian diet can be accommodated, but carrying some protein bars or snacks is a good supplement some days. Strict vegan diet is difficult to accommodate and protein sources other than grains will be difficult. Gluten free diets also are difficult in this land of breads and grains, but can be requested. Any food allergies or strict dietary restrictions need to be discussed prior to signing up for this trip, to decide whether they can be reasonably accommodated.

SAFETY AND RISKS

As participant safety is a high priority for all AMC-sponsored events, procedures and policies have been developed to attempt to limit participant risk. Participants are expected to work with volunteer leaders to reduce risks and make the experience successful for all. In case of an emergency, AMC volunteer Adventure Travel leaders are trained in wilderness first aid, carry first-aid kits, and follow an emergency action plan. Despite such leader training, participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to adverse weather and environmental conditions, remote locations of our trip, and transportation in vehicles, cable cars/ski lifts, and on foot. When you apply for acceptance onto a trip, please carefully read and sign the Adventure Travel Acknowledgement and Assumption of Risks and Release and Indemnity Agreement and call if you have any questions.

COSTS

The trip price is $2,560 for AMC members and $2,660 for non-members. Non-members can join for $50, and get the member price. This will cover the following items:

- Lodging, all breakfasts, and some dinners
- Ground transfer from Geneva airport to Les Houches and return (only for those arriving/departing within time parameters given by the leaders)
- Cable car fees and bus fare when part of the group itinerary
- Parc Merlet entrance fee
- Skyway fee (weather permitting)
• Emergency medical and evacuation insurance coverage

Lunches, trail snacks, beverages (e.g. coffee/tea, mineral water, alcohol, etc.) and other personal expenses are NOT included. The best way to get to the area is to fly to Geneva, Switzerland. At this time, we estimate that the price for a round trip between USA East coast and Geneva, Switzerland will be ~ $800. While participant airfare is not included in the trip price, leaders may assist participants in making suitable reservations. At a minimum, participants will be told when and where they must join the group for the official start of the trip’s planned activities. Once your air tickets are purchased they are your responsibility – do not make any non-refundable travel plans until told to do so by the leaders.

The price for this excursion is based on quotes or estimates obtained at the time the trip was submitted to the Adventure Travel Committee for approval. The final price of the trip will be adjusted in accordance with the best final arrangements we can make and taking into account any currency fluctuations. If the trip’s financial position is strong enough at the start, the leaders may make partial refunds during the trip, in the form of payments toward some meals and/or free time activities which would otherwise not be included. Any savings we achieve, as well as any cost increases we incur, will be shared by trip participants. Our cost estimates are conservative, and so a refund is more likely than a price increase. All Adventure Travel trips are run on a non-profit basis and refunds, if any, are issued after the trip’s financial accounting is complete.

Please be aware that, in accordance with AMC policy, you are subsidizing the volunteer leaders’ costs. Beyond this, the leaders are not allowed to realize any profit from this excursion. The trip price also includes an AMC overhead fee to cover the administrative expenses of offering Adventure Travel excursions. The trip fee includes emergency medical and evacuation insurance coverage, which is required by the AMC. It does not include insurance for travel delay, interruption, or cancellation, or for baggage loss. If these possibilities concern you, individual travel insurance is recommended. More information about included emergency medical and evacuation insurance, as well as about optional and recommended travel insurance, will be provided to participants in their formal acceptance letters, which will be sent out when the trip has the required number of accepted applicants.

**REGISTRATION and CANCELLATION**

To apply, you must complete and submit the Participant Application, Confidential Health Questionnaire, and Acknowledgement and Assumption of Risk and Release forms, enclosing a registration deposit of $1,000. These forms will be provided to you by the leaders after you inquire about the trip by email or phone. You will be considered qualified for the trip when the leaders have determined by conversation with you that you and the trip seem to be a good match. You will be formally accepted, and your check will be deposited, when the trip leaders confirm the trip has sufficient number of participants and is going as planned. A final payment of $1,560 ($1,660 for non-members) is due May 1, 2018. Deposit checks from wait-listed applicants will not be cashed until we offer them a spot on the trip AND they accept. Please make payments by check payable to the “Appalachian Mountain Club” and mail to the address shown on the Participant Application.

If you are not a member of the AMC, there is a guest fee of $100. You may prefer to join the AMC. Membership is $50 for an individual, $75 for a family, and $25 for juniors (under 30) and seniors (over 69). You can join on line at the AMC home page at [http://www.outdoors.org/](http://www.outdoors.org/).

Our cancellation policy is based on several considerations. Cancellation will not be allowed to raise the cost to the other participants or to the leaders. Minimum penalty schedule: $200. If actual costs (expenses already incurred on your behalf, and any unavoidable future expenses that will be incurred as a result of your registration and cancellation) are higher, they will be assessed instead, unless they can be applied toward another acceptable participant. Should the leaders be able to replace you, you may be charged a reduced or zero penalty. This generally will not be determined until after the trip. Please refer to insurance information in the section titled “Costs”.

This trip is likely to fill quickly. If you are interested, you should apply as soon as possible. When registration is complete, we will send all participants the names, addresses, and phone numbers of all those going on the trip.
If the trip cancels due to not enough participants to meet the trip minimum, everything you have paid will be refunded in full.

QUESTIONS
If you have any questions, please contact Erika or Brian.

Erika: 508-951-1001 before 8:30 PM eastern time zone, or erikabloom1234@gmail.com

Brian: 413-221-2149 before 9 PM eastern time zone, or btausend1@gmail.com

TRIP LEADER

Erika Bloom leads AMC hikes for the Boston and Southeastern Massachusetts chapter. This will be Erika’s second time hiking the TMB (first time in September 2017), and third time hiking in this region - she has also hiked the partially overlapping, Haute Route. Erika has planned and led AMC Adventure Travel trips to Tanzania (Mount Kilimanjaro treks and safaris), Glacier National Park (hiking trips), and co-led a hiking and backpacking trip to the Canadian Rockies. She has also trekked in Nepal (check out her April 2019 AMC Nepal trek for openings). Erika has previously served on the Adventure Travel committee, and as SE Mass chapter hiking chair.

Erika at Lac Blanc (TMB 2017)

TRIP CO-LEADER

Brian Tausendfreund is a four season hike leader for the AMC NH Chapter. He has completed multiple rounds of the NH 48 including in winter and has completed the NE 67. Brian has also led AMC group hikes to all the NH 48 summits and many in Maine and Vermont. In addition to hiking, Brian is also an instructor with the NH Chapter Winter Hiking Series and the Cardigan Winter and Spring Workshops. Brian has also backpacked the higher summits in California’s Sierra Nevada mountain range and has hiked several of the canyons in Utah. Brian is a frequent traveler to Europe.

Brian on Mount Adams, 2014