



# **ADVENTURE TRAVEL**

VOLUNTEER-LED EXCURSIONS WORLDWIDE



**GRAND CANYON TRAVERSE**  
**OCT 6-13, 2018**  
**AT# 1829**

Have you ever dreamt of walking across the Grand Canyon and spending time exploring around Phantom Ranch at the bottom of the canyon? Then this adventure will help make your dreams come true! Join us as we explore one of our nation's iconic National Parks.

We will fly into Flagstaff, Arizona then be shuttled to the North rim of the canyon. From there we'll follow the Bright Angel trail across the canyon to the South rim. Truly a trip of a lifetime! You will have ample opportunities for photography, wildlife spotting and enjoyment of our magnificent surroundings.

This trip is designed so that everyone may experience our adventure in the Grand Canyon through shared participation in activities and tasks in an organized group environment. AMC travelers are known for their cooperative efforts, and expectations are that all participants will be considerate of others sharing this AMC Adventure Travel experience.

It may happen on any trip that a trip member is or becomes unable to participate in one or more of the planned activities. Leaders in their sole judgment have the right and obligation to refuse participation in any activity to any group member for reasons of safety, whether it be of the group or of the individual. Illness, injury or lack of proper gear or fitness for a particular activity are examples of some conditions that might result in a participant's being unable to perform one or more activity. Leaders may try to find a substitute activity for the trip member, but this may not always be possible.

AMC Adventure Travel trips are run in a manner supportive of and consistent with the conservation, recreational and educational principles and mission of the Club. Trip leaders encourage participant conduct consistent with Leave No Trace environmental and conservation principles and local regulations.



**Detailed Itinerary:**

**Day 1- Oct 6, 2018 (D)**

Depart home airport and arrive in Flagstaff, Arizona  
Overnight at 2-3 star Flagstaff hotel with group "Welcome dinner"

**Day 2- Oct 7, 2018 (B)**

Depart by private shuttle for North Rim of Grand Canyon.  
Overnight at hotel just outside of North Rim entrance

**Day 3 - Oct 8, 2018 (B, L, D)**

Transfer by private shuttle to trailhead for hike down to Phantom Ranch where we will spend the next two nights.  
Overnight at Phantom Ranch in shared bunkrooms/cabins depending upon availability.

**Day 4 - Oct 9, 2018 (B, L, D)**

Day hike planned in area of Phantom Ranch. Precise hike to be determined based on trail conditions, weather and ranger recommendations.  
Overnight at Phantom Ranch

**Day 5 -Oct 10, 2018 (B, L)**

Hike out from Phantom Ranch to South Rim of the Grand Canyon by Bright Angel trail  
Overnight at South Rim NP hotel

**Day 6 - Oct 11, 2018 (B)**

Explore South Rim area  
Overnight at South Rim NP hotel

**Day 7 - Oct 12, 2018 (B, D)**

Transfer by shuttle back to Flagstaff for our final night's stay and farewell dinner.  
Overnight at 2-3 star Flagstaff hotel

**Day 8 - Oct 13, 2018 (B)**

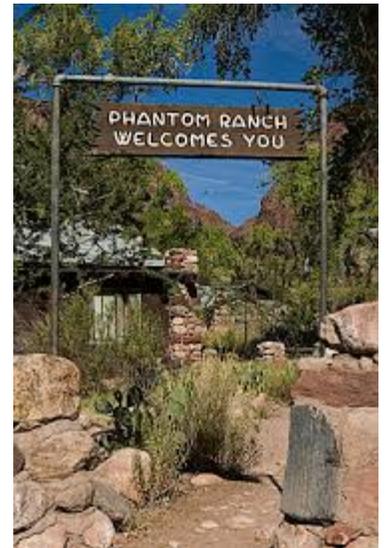
Fly home

**Leaders' right to change itinerary:**

While the itinerary in this prospectus is what the leaders have planned at the time of writing, various factors may require changes for reasons of safety, transportation or lodging availability, and unforeseeable circumstances (such as weather considerations, natural disasters in areas to be visited, or recommendations of governmental agencies). The leaders reserve the right to make such changes as necessary, both before and during the trip.

**Leaders' expectations of participants:**

When you participate in this activity, you should be in proper condition for the challenges outlined in this prospectus and equipped with the appropriate gear as stated. You should always be aware of the risks involved and conduct yourself accordingly. You are ultimately



responsible for your own safety. Prior to your acceptance as a participant in this trip, you will be asked to discuss your capabilities and experiences with us. We may also request references to confirm your fitness level and suitability for participating in trip activities.

The hiking pace will be at a steady pace that allows for photography and an enjoyment of our surroundings; this is a pace that will be used on every day hike, for intermediate and advanced intermediate. It is the pace used by the European Alpine Guides, which they recommend at these altitudes for maintaining stamina.

We like to stop occasionally to enjoy the magnificent canyon views, look for animals, and admire the wildflowers or take photographs. The day hikes will range from 6 to 8 hours in length, with elevation change (ups and downs) varying from

AMC Adventure Travel trips are led by volunteers on a non-profit basis. Any monies left over after trip expenses are covered will be refunded to the participants. As leaders our goals for the group are to have fun, stretch your skills, and savor a foreign culture at reasonable cost and in the company of other adventurers with similar interests. We encourage your individual contributions, cooperation and good humor to enrich the group's experience. We expect you to participate as part of a group and abide by the leaders' decisions, and work towards the group having a good time. Be prepared to help your fellow hikers and spend time with other participants on the trip. In doing so, you will enjoy the trip to the maximum.

#### **COSTS COVERED:**

*Please be aware that, in accordance with AMC policy, you are subsidizing the leaders' costs. Beyond this, the leaders are not allowed to realize any profit from this excursion. The trip price also includes an AMC overhead fee to cover the administrative expenses of offering Adventure Travel excursions. The trip fee includes emergency medical and evacuation insurance coverage, which is required by the AMC. It does not include insurance for travel delay, interruption, or cancellation, or for baggage loss. If these possibilities concern you, individual travel insurance is recommended. More information about included emergency medical and evacuation insurance, as well as about optional and recommended travel insurance, will be provided to participants in their formal acceptance letters.*



All accommodations at double occupancy in 2-3 star hotels in Flagstaff, North and South rim of the Grand Canyon

Bunk style accommodation for two nights at Phantom Ranch at the bottom of the Grand Canyon

Shuttle from Flagstaff hotel to North rim

Shuttle from South rim to Flagstaff hotel

All meals at Phantom Ranch (dinner will be either beef stew or vegetarian meal depending upon availability).

All breakfasts and some dinners, excluding dinner alcoholic beverages and coffee/tea

Bag lunch on Day3

Medical evacuation and repatriation insurance

AMC-AT program Expense Fee

AMC luggage tag

Expenses for 2 AMC Volunteer Trip Leaders

#### **COSTS NOT COVERED:**

Airfares to/from Flagstaff, Arizona

Transportation to/from Flagstaff airport to Flagstaff hotel

Lunches (except at Phantom Ranch) and snacks, 3 dinners

Alcoholic beverages, and dinner drinks other than plain tap water.

Individual (non-group) excursions and additional taxis, or car rentals

Optional day trips

Trip Cancellation Insurance

Items of personal nature/souvenirs

## SAFETY, RISKS AND HAZARDS:

As participant safety is a high priority for all AMC-sponsored events, procedures and policies have been developed to attempt to limit participant risk. Participants are expected to work with the leaders to reduce risks and make the experience successful for all. Participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to adverse weather and environmental conditions, remote locations of our trips, and transportation in vehicles, on foot, by boat, or on a bike. Aside from any personal medical problems, participants should be aware of the possibilities of bug bites and possible exposure to Lyme disease, dehydration, sun burn and other heat or cold related problems. You should regularly use sun screen, take care to be adequately hydrated and bring water on all day trips as well as wind/rain gear, warm hat and gloves.

Please carefully read and sign the *AMC Participant Acknowledgement and Assumption of Risks and Release and Indemnity Agreement* and contact us if you have any questions. Participants' understanding of these risks and adherence to our policies and procedures can contribute to making this experience rewarding.



## RESERVING A PLACE AND PAYMENT SCHEDULE:

The land cost of the trip is \$1975 plus estimated airfare of \$500-750. To reserve your place, please contact the trip leader or co leader for an application, the Confidential Medical Form and the Acknowledgment & Assumption of Risks & Release and Indemnity Agreement. To apply, you must complete and submit the Participant Application, Confidential Health Questionnaire, and Acknowledgement and Assumption of Risk and Release form, enclosing a registration deposit of \$1000. You will be considered qualified for the trip when the leaders have determined by conversation with you that you and the trip seem to be a good match. You will be formally accepted, and your check will be deposited. Deposit checks from wait-listed applicants will not be cashed until we offer them a spot on the trip AND they accept. **Please make payments by check**

**payable to the "Appalachian Mountain Club" and mail to the address shown on the Participant Application.**

\$100.00 of this initial \$1,000.00 deposit is a non-refundable administration fee. The maximum number of participants is 14, so apply early to reserve your place.

The price for this excursion is based on quotes or estimates obtained at the time the trip was submitted to the Adventure Travel Committee for approval. The final price of the trip will be adjusted in accordance with the best final arrangements we can make. If the trip's financial position is strong enough at the start, the leaders may make partial refunds during the trip, in the form of payments toward some meals and/or free time activities which would otherwise not be included. Any savings we achieve, as well as any cost increases we incur, will be shared by trip participants. Our cost estimates are conservative, and so a refund is considerably more likely than a price increase. All Adventure Travel trips are run on a non-profit basis and refunds, if any, are issued after the trip's financial accounting is complete.

## PAYMENT #2 DUE:

Balance due by June 1<sup>st</sup>, 2018

**SINGLE SUPPLEMENT:** if not wanting to share a double room in Flagstaff, North and South rim hotels: TBD

**PLEASE NOTE THAT SINGLE/PRIVATE ROOMS ARE NOT AVAILABLE AT PHANTOM RANCH**

## CANCELLATION POLICY:

If you cancel after being accepted for the trip, \$100 is non-refundable, but if you cancel after April 1, 2018 minimally \$200 is nonrefundable, if (and only if) another person takes your place. We will establish a waiting list. Should another person replace you, you will be charged only the \$200 cancellation fee. **However, your cancellation shall not raise the cost of the trip to any of the participants or the leaders. Thus, if you cancel and are not replaced, you will forfeit the \$200 plus the per capita expenses already incurred and any other unpaid expenses for which the trip cannot obtain a refund. You may forfeit the entire trip fee.** Flight tickets once purchased become your property and are generally non-refundable. We strongly recommend that you purchase travel insurance. Information on a company recommended by the AMC will be sent to you.



**PLEASE NOTE:** The price of the AMC Adventure Travel trip is given in good faith based on current tariffs and rates and is subject to change. *Any tariff, exchange rate increases will be passed on to participants.*

Conversely if the minimum number of participants does not sign up, the leaders reserve the right to cancel the trip and refund the amounts paid. If the trip is full, we can put your name on a waiting list, or return your deposit.

**AIR COSTS (ESTIMATED \$500-750):** Leaders will explore the best possible options for air travel.

For this trip we estimate a range of \$500-750. **We will assist you in any way to make your reservations, but you should not make any booking on your own without consulting the leaders. We will notify you with a list of acceptable flights once we know that we have a confirmed trip. Once you purchase tickets, they are wholly owned by you.**

**FLIGHTS:** We recommend that you reserve flights directly on the airlines' websites. Flights should arrive in Flagstaff, Arizona on October 6th, 2018.

Trip insurance is recommended, since an illness, accident or death in the family can interfere with your plans. Trip insurance can be obtained through your travel agent or the leaders will provide you with choices of approved trip insurance companies.

## **YOUR LEADERS:**

**LEADER:** GINETTE BEAUDOIN



Ginette has been a member of the AMC since 1988 and has led several day and weekend trips in the White Mountains of NH, as well as various parts of Maine. She lead an Austrain Alps adventure trip with co leader Don Parker in July of 2011, with Jenni Blumenthal in August of 2012 and co lead the same trip with Terry Peters in July 2009 with 19 participants. She has also lead Adventure travel trips to Yosemite national Park, Easter Island, Peru, Minnesota, Tuscany, Dolomites, Spain, Australia and New Zealand for the AMC. She has participated in numerous AMC Major Excursions to Switzerland and Austria, involving hiking and cross country skiing. She has hiked in the Stubai valley as part of a 2006 Major Excursion and hiked to 20 high Alpine Huts throughout Austria, Germany and Switzerland. She has hiked the NH 4000 footers. Her interests include hiking, photography, cross country skiing, snowshoeing, travel, information volunteer for AMC and introducing others to outdoor activities

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**CO-LEADER:** ANNA PANSZCZYK



Anna is a Boston Chapter INTRO (AMC) Leader. Anna has co lead AMC Adventure Travel trips to New Zealand, Australia, Dolomites – Italy, Austria, Azores, Yosemite National Park, Minnesota, Peru, Easter Island, Australia, New Zealand, and Morocco. Anna leads hiking trips in the White Mountains and most recently led an excursion to Waterville Valley and Craftsbury Vermont for snowshoeing and cross country skiing. She has also co led the Claybrook ski trip on previous years. During the summer of 2014, she and the trip leader backpacked the Haute Route from Chamonix France to Zermatt Switzerland as well as Kepler Track in New Zealand. This is in addition to trips that she takes to all corners of the world! Anna has completed SOLO Advanced Wilderness First Aid course as well as CPR training.

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