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Algonquin Wilderness Canoe Trip



Petawawa River

August 10th to August 18th, 2017

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Trip Overview



Portage into Little Misty Lake

Welcome

We are delighted that you are interested in our exciting canoeing adventure. Please read the information carefully, and then contact us if you should have any questions; **Paul Glazebrook** at 617-852-1975; p.glazebrook@gmail.com or **Robert White** at 203 453-3727; Robertwhite@comcast.net

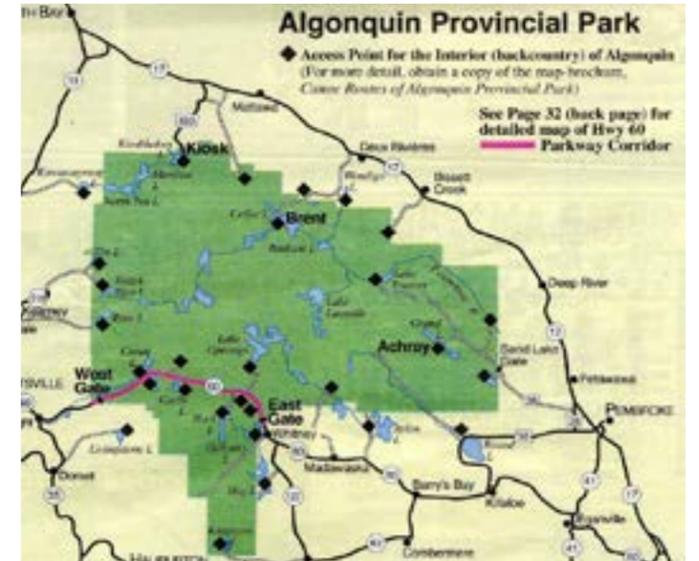
Algonquin Provincial Park, Ontario, Canada

Pristine rivers and lakes, sandy beaches sloping into clear, clean water, a loon calls, the northern lights, a wolf howl. There are very few places within a day's drive of Boston where you can expect these. Algonquin Park in Ontario is such a place. It is located 300 km. north of Toronto and 300 km north-west of Ottawa. Algonquin Park has 7700 km² of territory and 3,000 km of canoe routes. The park, founded in 1892, is the second oldest 'national' park in North America. It is almost as big as Yellowstone. We will be canoeing primarily in the less travelled North West corner of the park. This area has numerous small lakes and rivers and relatively few portages. The park is in a transitional zone between the boreal forest to the north and the Great Lakes-St. Lawrence forest to the south. White and Red Pine, Jack Pine, Yellow Birch, and Maple are the predominant trees. For the naturalist there are 265 species of birds, 40 types of mammals and 1,000 species of plants. The park is

particularly noted for its large moose population, its wolves and its spectacular night skies.

On our eight day canoe camping trip we will explore this beautiful, and tranquil region, one of the great canoeing areas in North America.

We typically see beaver, otter, chipmunks and squirrels in the lakes, occasionally moose. Loons are seen on every lake, often female merganser, spotted sandpiper, chickadees, wood warblers, grouse, gulls, woodpeckers and herons.



Typical Participant

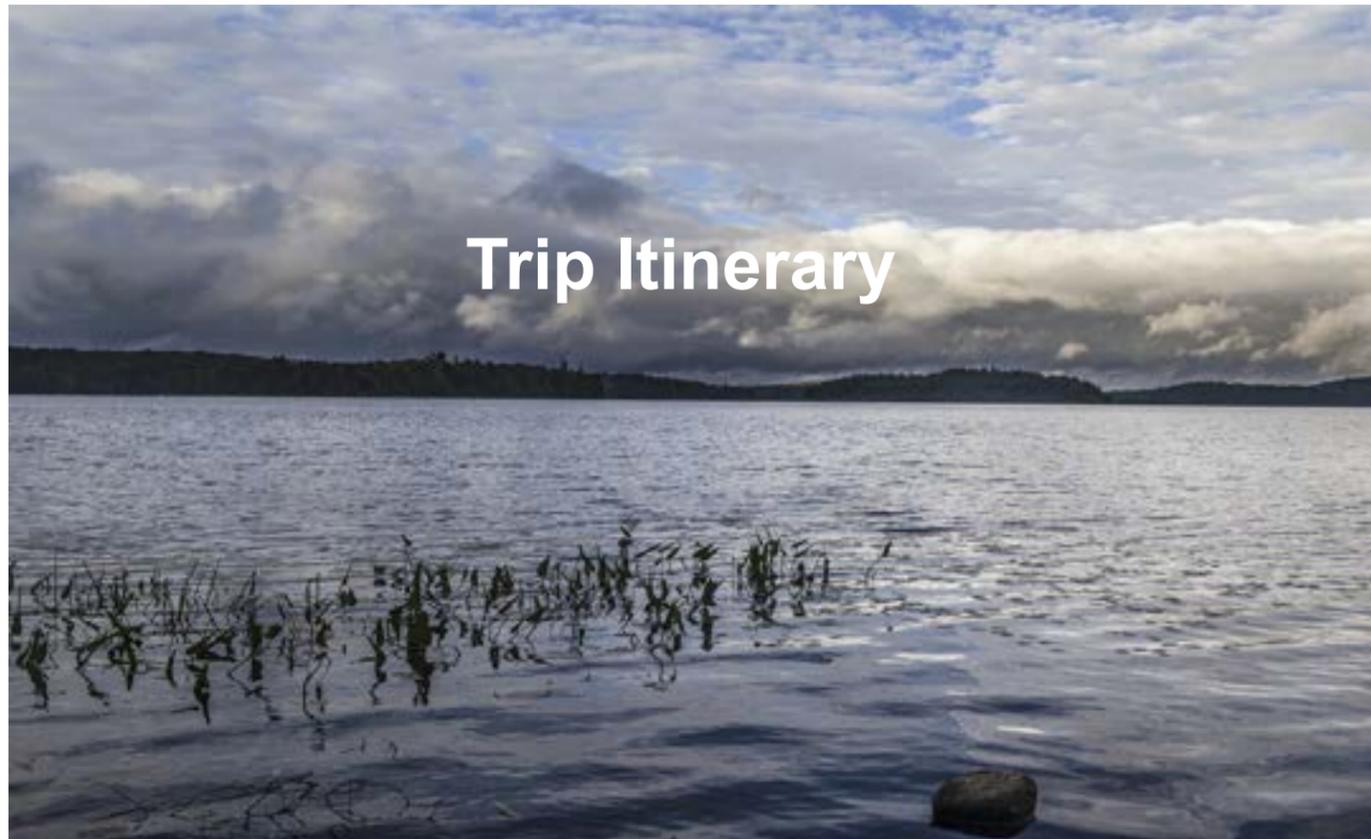
You should be a person who enjoys an active vacation and socializing with other participants. You must be healthy, and in good physical condition for this trip, be able to paddle 20 km per day at a relaxed pace, carry a 35 pounds pack over portage trails for up to half a mile. You do not have to be an expert canoeist. This trip is suitable for the novice as our route is entirely flat water with a 2-3 portages per day. For those with limited canoeing experience, pre-trip training can be arranged. You should be experienced and comfortable with paddling a canoe on flat water, with backcountry camping, be willing to help out with camp chores, and to learn and develop new skills, while being curious and engaging in all things. The success of the trip is dependent on the group. Group trips require flexibility, patience, helping others, chipping in, and staying together as a group. If you do not like waiting, sharing, or participating in a group, then this trip may not be good for you.

Portaging a canoe is not difficult. The canoe will weigh 40-45 pounds and is balanced on both shoulders. Not everyone will need to portage the canoes and we can teach portaging skills. Those who do not carry a canoe will carry packs on the portages.

Teaching & Skills

The trip presents the opportunity to learn and practice basic skills in backcountry living. The leaders will teach everyone canoe rescue skills. We will review preventing hypo and hyper-thermia. We will emphasize good hygiene practices for cooking and bathroom.

Other skills as time and interest permit might include: fire craftsmanship, outdoor cooking, camp craftsmanship, bird watching and nature photography.



Trip Itinerary

Misty Lake

ITINERARY

Proposed Algonquin Wilderness Canoe Trip – 9 days in August 2017: This itinerary is provisional and may be changed according to weather, wind and water conditions.

Day 1, – travel by car and meet in the area of Huntsville, Ontario. Huntsville is typically an 10-11 hour drive from most areas of New England. Drivers would make their own transportation arrangements but the leaders will facilitate car pooling when possible. Evening meal is at a restaurant in Huntsville.

Day 2 – Breakfast at lodge.

Start of our 5 night, 6 day canoe trip, pick up canoes, get permits, launch:

Put in at Magnetawan Lake (Entry #3) > 135 m portage to Hambone Lake > 55 and 420 m portage to Daisy Lake, camp.

Day 3 - 135 and 450 m portages on Petawawa River to Little Misty Lake > 935 m portage to Misty Lake (this is the longest portage on the trip and is up over a ridge), camp.

Day 4 - 130 m portage to Timberwolf Lake, camp.



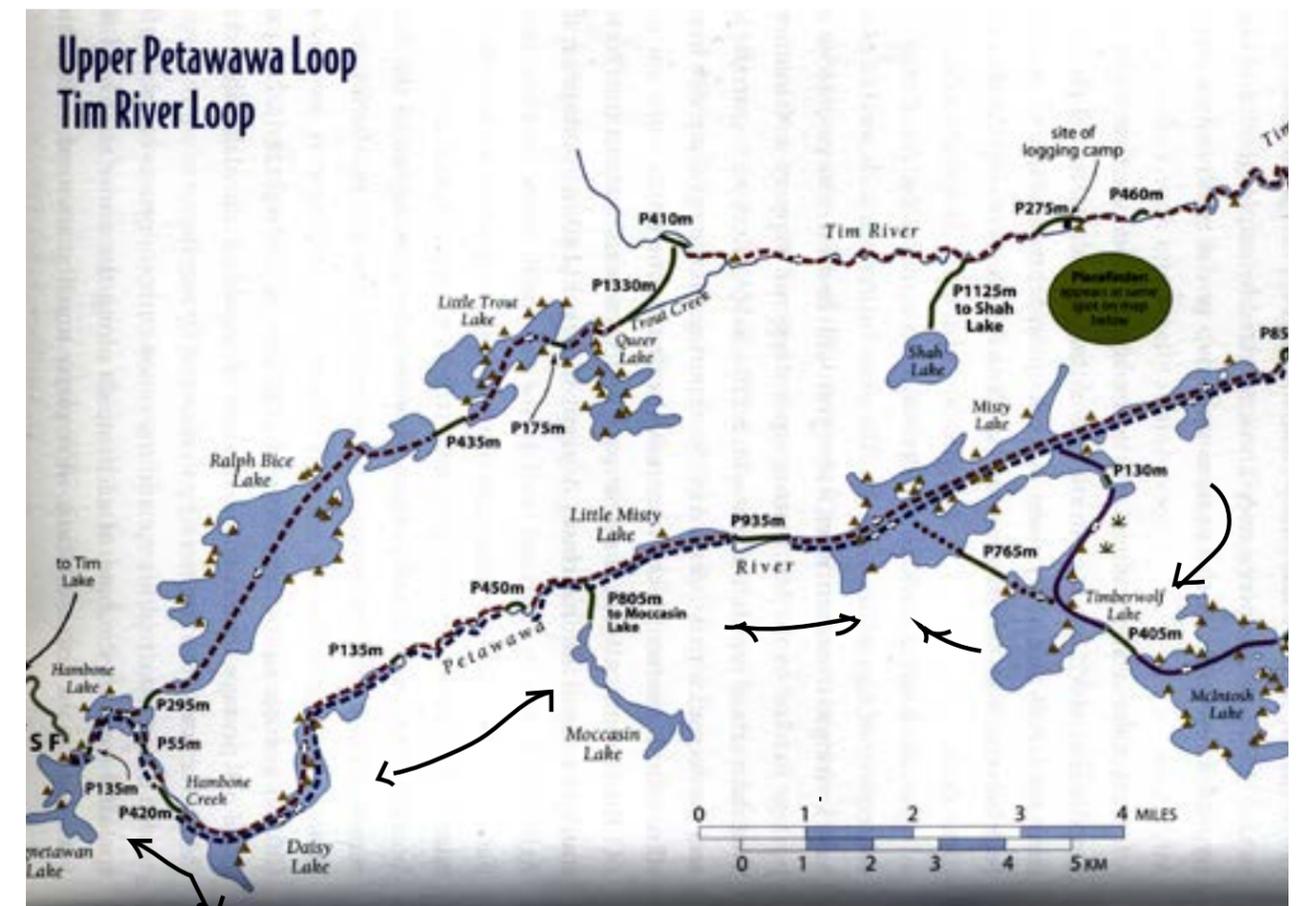
Day 5 - day trip to McIntosh Lake (optional), 405 m portage each way, camp Timberwolf Lake.

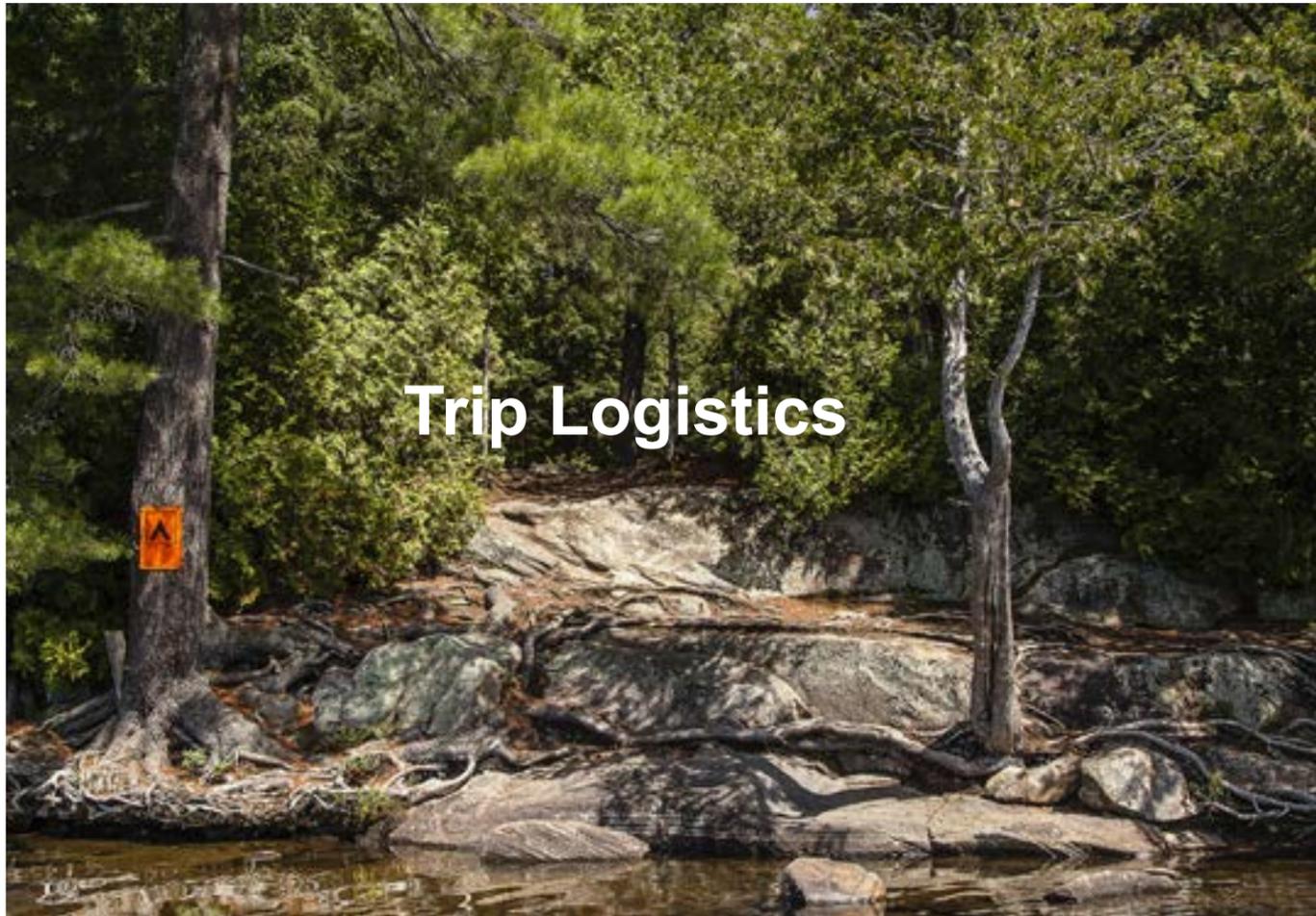
Day 6, - Timberwolf Lake > 845 m portage to Misty Lake > 935 m portage to Little Misty Lake, camp.

Day 7 - Little Misty Lake > 450 and 135 m portage on Petawawa River to Daisy Lake > 420 and 55 m portage to Hambone Lake > 135 m portage to Magnetawan Lake and take-out. Overnight in Barry's Bay. Dinner will be at the Wilno Tavern (excellent Polish menu). Other routes are possible depending upon the weather, wind, and water levels

Day 8 - Day in the Park, Interpretive Program, Museum, Hiking, Art Gallery. Overnight in Barry's Bay. Dinner at Arowhon Lodge's dining room in the park.

Day 9 - Leave for home.





Algonquin Campsite

Trip Cost

The cost for this trip is \$970.00

This fee includes the following: first night's lodging, dinner and the next days breakfast, all meals while on the water, except appetizers and alcoholic beverages, all transportation while on the trip, all Park fees, lodging and meals for the last 2 days.

Not included: Travel to and from the start and finish of the trip. Meals while on the road, all alcoholic beverages while on the trip and personal expenses. Canoes are not included in the cost of the trip. You can bring your own canoe or rent a canoe at an extra cost. This can be arranged by the leaders. A Kevlar or light-weight canoe is highly recommended.

Please note, in accordance with AMC policy, the trip fee partially subsidizes some of the leaders' expenses. The trip fee includes an AMC overhead fee and emergency evacuation insurance. Individual travel insurance is highly recommended. Any unspent funds will be refunded to all participants.

Canoes are available at different weights. We usually use a light-weight Kevlar canoe at 42-45 pounds. Ultra-light weight canoes are also available. Cost to rent is approximately !6 Canadian dollars per person per day.

Accommodations

The first evening will be spent at a motel or lodge on the west side of the Park, Huntsville or north..

Participants are expected to have all their own personal gear including tent, sleeping bag and sleeping pad. A full clothing and gear list will be provided. The leaders will bring communal cooking gear.

Canoe camping will be at established backcountry campsites. All will have a box-type privy. Bears are reported in the park but are rarely a problem. If possible, we can camp on islands. We will practice bear safe campsites. Our group will keep its campsites spotlessly clean. All garbage will be burned or packed out. Bottles and cans are not allowed in the park.

The final two nights will be in a motel in Barry's Bay.

Required Gear

A list of personal clothing and equipment will be included with the trip registration package.

Meals & Water

All camp meals on the trip will be cooked outdoors over an open wood fire or gas canister stoves. A draft menu will be sent out prior to the trip.

We will filter or boil all water we use. The leaders will bring a gravity type water filter.

Your leaders pride themselves in bringing great food to the heart of the wilderness. We will not have a specific employed cooking staff person. The preparation of meals will be a communal affair with everyone taking their turn to help. Cooking and hygiene will be supervised by one of the trip leaders. Vegetarian options will be available. Paul will be the baker and prepare desserts. Bob prepares and dries one-pot meals in advance. In the words of one participant, 'I ate better on this trip than I do at home.' Everyone is expected to help out around the camp. There will be tents and tarps to set up, cooking and kitchen chores, wood to be gathered, and a fire to be tended.

After the camping trip, we plan one dinner at the Wilno Tavern, which features Polish cuisine and the final dinner at Arawhon Lodge, an upscale resort in the park.

Experience & Risks

While this is an introductory canoe trip, there are still some risks we face including car travel, wind, rain, cold or hot weather, water immersion, and the risks associated with travel and camping in remote wilderness areas. Your leaders have first aid training and a basic kit but help can be a few hours or a day away. Everyone will wear a PFD while on the water. The first aid kit will include a satellite communication device.

While canoeing and trekking in the wilderness can have its challenging moments, we strive to make their trips relaxing, fun and safe, with good food and wine, camaraderie and spectacular locations. Each of these trips has elements of human and natural history to it, whether it be old fur trading routes, ancient pictographs by First Nations people or the northern lights. Camping sites in Algonquin are limited to 9 persons, so we will take 6-7 participants. Each person plays an active role in the trip. These trips are intended to broaden the mind, develop skills, quiet the soul, create friendships, and strengthen the body



The Fine Print

A campsite visitor

How To Proceed

If you would like to go on this trip, contact the leaders to obtain the application materials. Complete the application form, waiver and medical forms and enclose a check for the \$400 deposit made out to the Appalachian Mountain Club. This should be mailed to

Robert White
128 White Birch Dr.
Guilford, CT 06437

The balance of \$570.00 is due by April 15th, 2017.

When you register for the trip, the leaders will reach out to you to discuss the trip and assess the appropriateness of the trip for you. Once registration is complete and all money's received the leader will send all participants the names addresses and phone numbers of those going on the trip. Trip leaders prefer to use email as a primary source of communication. We hope to get the trippers together as time and distance permits before we head north; we can get to know each other and perhaps even paddle together.

Cancellations

The AMC Adventure Travel cancellation policy is based on the fact that your cancellation may not raise the cost to the other participants or the leaders. If the trip is cancelled, you will receive a full refund of your deposit and payments. If the trip goes, and you cancel after the deposit is made, you will receive a refund to the extent that it covers expenses already occurred on your behalf or any future unavoidable expenses. If the leader is able to replace you, you will get a full refund. This may not be determined until after the trip is completed.



Sunset on the lakes



Trip Leadership

Misty Lake

Leader

Paul Glazebrook is a 'Master Trip Leader' for the Appalachian Mountain Club's Worcester Chapter and a Registered Maine Guide. He is AWFA and CPR certified. His love for the outdoors and the wilderness grew out of his childhood summers on his grandfather's farm in Northern Ontario, just outside Algonquin Park. He has extensive experience organizing and leading wilderness trips across North America.

- Thelon River, Canoeing, North West Territory, Canada
- Canadian Rockies, Trekking -- 2 times
- Temagami Region, Canoeing, Northern Ontario --- 5 times
- Long Range Mountains, Trekking, Newfoundland
- French River system, Canoeing, Ontario – 3 times
- Missinaibi River System, Canoeing, Northern Ontario
- 100 Mile Wilderness, Backpacking, Maine --- 2 times
- Algonquin Park, Ontario, Canoeing, Backpacking, Winter Travel --- many times.
- Presidential Travers, Winter and Summer, White Mountains, NH

Paul can be reached at
256 Sladen St., Dracut, MA 01826
617-852-1975
p.glazebrook@gmail.com



Co-leader

Bob White learned to canoe and love the wilderness from his grandfather. For most of his adult life, he has been active in the AMC. In his younger years, he led white-water canoeing trips for the Connecticut AMC and in more recent years has led sea-kayaking trips. About 15 years ago, he discovered Algonquin Provincial Park in Ontario from a New York Times article. He has led numerous family wilderness camping trips to Algonquin, the last one with his wife in 2014. He led AMC inter-chapter trips to Algonquin and La Verendre Park in Quebec. For Adventure Travel, he has led hiking trips to Utah twice and Kauai, a sea-kayaking trip to Mexico, wilderness canoeing in Temagami, and wilderness canoeing on the Buffalo River in Arkansas. He works as a psychiatrist in New Haven, CT. His hobbies include cooking, birding and photography, all of which he will practice on the trip.

Bob can be reached at:
128 White Birch Dr.
Guilford, CT 06437
202-453-3727
robertswhite@comcast.net

