



A DAY HIKING in KITZBUEHEL ALPS IN AUSTRIA
June 24 - July 2, 2017
AMC Adventure Travel # 1713



Dear Prospective Participant:

Thank you for your inquiry about our trip scheduled for June 24th through July 2nd, 2017. We will have 6 days of intermediate to advanced intermediate hiking in the picturesque Kitzbuehel Alps in region of western Austria, east of Innsbruck. There will be 1 day for optional excursions to Innsbruck or to enjoy other activities in the region. Our base will be Kitzbuehel, a colorful Tyrolean village nestled at 2,625 feet in a beautiful green alpine valley surrounded by spectacular 10,000 foot peaks in Kitzbuehel Alps .

AMC Adventure Travel trips are led by volunteers on a non-profit basis. Any monies left over after trip expenses are covered will be refunded to the participants. As leaders our goals for the group are to have fun, stretch your skills, and savor a foreign culture at reasonable cost and in the company of other adventurers with similar interests. We encourage your individual contributions, cooperation and good humor to enrich the group's experience. We expect you to participate as part of a group and abide by the leaders' decisions, and work towards the group having a good time. Be prepared to help your fellow hikers and spend time with other participants on the trip. In doing so, you will enjoy the trip to the maximum.

HIKING IN KITZBUEHEL ALPS:



Each day we will offer an intermediate or an advanced intermediate day hike. The hikes, typically, will start up through the steep pine forests to the broad sloping high meadows or "Alms" above. Each day we will enjoy a delicious lunch at an alpine "Hutten" (Hut) or alm along the way. You can also pack a lunch of delicious local cheeses, meats, and bread. For advanced hikers the day continues up mountain ridges beyond the Huts to places of interest. Lifts and other public transport will be used as appropriate. We will visit from 4 to 5 Huts, depending on weather and hiking abilities. There are also many trails to hike in the valley and along the river, which are very relaxing and pleasant. There will be treks offered to panorama views and to the needles above Kitzbuehel.

Our hiking tour is considered active but not as demanding as trekking excursions can be.

We like to stop occasionally to enjoy the magnificent mountain views, look for animals, and admire the alpine wildflowers, which should be at their peak, or take photographs. The first few days will feature low-level hikes to acclimatize you carefully to the altitude. Thereafter, at higher elevations the intermediate day hikes will range from 4 to 6 hours in length, with elevation change (ups and downs) varying from 1000 ft. to 3300 ft. per day. Look forward to a cold beverage, delicious torte, or apple strudel afterwards!

ACCOMMODATIONS, MEALS AND ACTIVITIES:

The itinerary may change depending on the trail and weather conditions!!

Day 1-Saturday, 24 June: Leave USA on overnight flight to Europe

Day 2 – Sunday, 25 June: Kitzbuehel Our group will meet in Innsbruck airport and then transfer to Neustift. (if you choose to arrive at another airport, please make sure that you meet us at the Innsbruck airport at a designated time).

Meals included: Welcome Dinner

Accommodation: Gasthof Eggerwit

Activities: Your journey will start in Innsbruck airport where you'll be met in the afternoon by your AMC guides. We will transfer for about 1 hour bus ride a hotel in Kitzbuehel, our hiking base in the Kitzbueheler Alps. Depending on our arrival time in Kitzbuehel, we may do a short hike.

Day 3 – Monday, 26 June: Kitzbuehel – Hochkitzuehel - Streiteckmulde

Lift to 5479' vertical rise and loss 820'

About 4 -5 hours

Meals included: Breakfast & Dinner

Accommodation: Gasthof Eggerwit

Activities: We will walk to Hahnbekammbahn cable car station and take it to Hochkitzuehel. Once there we will enjoy the view of the valley from viewing platform and then continue by Ehrenbachhole reservoir, Streiteckmulde to Melhalm at 5099' where we will stop for lunch. After lunch we will descent back to the cable car and back to the hotel.



Day 4 – Tuesday, 27 June: Pass–Thurn–Strafe/Jochberger Strafe over Sonnberg to the wildlife park and to Aurach

vertical rise and loss 1190'

About 5-6 hours

Meals included: Breakfast & Dinner

Accommodation: Gasthof Eggerwit

Activities: We will take a bus from hotel to circular traffic Pass-ThurnStrafe/Jochberger Strafe. Hike will start on moderately steep car-track, We will pass farms, chapel of Eben then hike uphill to Schleier waterfalls. Our hike will continue via Sonnberg to the wildlife park and then to Aurach from where we will take bus back to the hotel.

Carry your lunch

Day 5 – Wednesday, 28 June: Kitzbuehel – Alpenhaus Hutte – Around the Horn

Meals included: Breakfast

About to 5-6 hours

Lift to 5479' vertical rise 2000' and loss 1000'

Accommodation: Gasthof Eggerwit

Activities: We will walk to Hornbahn cable car station and take it to Alpenhaus mountain hut. We will pass by Alpine flower garden and follow the path to Hornkopfl, then pass couple mountain huts to the Horn summit and descent to the valley on Horngifelbahn cable car.

Carry your lunch



Day 6 – Thursday, 29 June: Reith to Wirtsamrundweg

About to 4-5 hours

Vertical rise and loss 1400'

Meals included: Breakfast & Dinner

Accommodation: Gasthof Eggerwit

Activity: We will take a bus to Reith to start our hike. This wonderful round hike will have panoramic views stretching from the Wilder Kaiser to the Lofefe Steinberge, Kitzbuheler Horn, and Pass-Thurn. We reach the highest farm (Kathen) at 3900'. We will come across a little mountain lake, a wooden cabin nestled at the water's edge and waterlilies and wild geese to complete the romantic setting of the hike. We will take bus to the hotel.

Carry your lunch

Day 7 – Friday, 30 June: Kitzbuehel – Hahnenkamm – Schwarzkogel - Aschau

Meals included: Breakfast

About to 4-5 hours

Lift to 5479' vertical rise 1200' and loss 3300'

Accommodation: Gasthof Eggerwit

Activities: We will walk to Hahnenkamm cable car station and take it to Hahnenkamm. From there we will hike to Pengelstein (6350') and then we will ascent to Schwarzkogel (6670'). Here we will be rewarded with spectacular panoramic view. From there we will slowly descent to Aschu where a bus will take us back to the hotel.

Carry your lunch



Day 8 – Saturday, 1 July: Kirchberg – Circular Gaisberg Mountain Huts walk

About to 5-6 hours

Lift to 5798' vertical rise and loss 1600'

Meals included: Breakfast & Dinner

Accommodation: Gasthof Eggerwit

Activities: We will take bus to Kirchberg. From there we will take Gaisberg chairlift. This panoramic walk – along the ridge will take us on a pretty route through fields on mountain pine and lush meadows with a magnificent view of the Grosser Rettestein – passing mountain pasture and welcoming mountain huts in one of which we will stop for lunch.

Day 9 – Sunday, 2 July: Departure / Transfer back to Innsbruck

Meals included: Breakfast

Accommodation: None provided / Departure day

Activities: Today after breakfast we have a return transfer to Innsbruck organized for the group. From Innsbruck you are free to travel to other destinations in the region or onward travel home. Please note, this is a group transfer in private coach and departure time depends on the final group logistics. Individual transfers must be arranged separately and at a cost external to the tour price.



The Kitzbuehel area offers many opportunities for relaxation and fun. In case of bad weather or for a rest day, you can explore the historic and fascinating town of Innsbruck, the capital of Tyrol Province and Maximilian's Imperial seat, just 1 hour and 20 minutes by bus or by scenic railway. This excursion would be optional and not paid by trip funds.

COSTS COVERED:

All accommodations at double occupancy.

Chartered bus travel from Innsbruck airport to Kitzbuehel and return to Innsbruck airport.

Bus, lifts to and from trailheads

All breakfasts, five dinners, excluding dinner alcoholic beverages and coffee/tea/soda water.

Medical evacuation and repatriation insurance.

Basic tip for dining/kitchen staff

**COSTS NOT COVERED:**

Airfare from USA to Innsbruck, Austria and return to U.S.A.
Transport to Innsbruck airport to and from your arrival/departure destination in Europe
Lunches and snacks
Two dinners
Alcoholic beverages, and dinner drinks other than plain water.
Individual (non-group) excursions and additional lifts, bus, rail, taxis, or car rentals.
Optional day trips.
Passport.
Trip/baggage insurance.
Tips for housekeeping staff/bar staff

SAFETY, RISKS AND HAZARDS:

As participant safety is a high priority for all AMC-sponsored events, procedures and policies have been developed to attempt to limit participant risk. Participants are expected to work with the leaders to reduce risks and make the experience successful for all. Participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to adverse weather and environmental conditions, remote locations of our trips, and transportation in vehicles, on foot, by boat, or on a bike. Aside from any personal medical problems, participants should be aware of the possibilities of bug bites, dehydration, sun burn and other heat or cold related problems. You should regularly use sun screen, take care to be adequately hydrated and bring water on all day trips. Please carefully read and sign the *AMC Participant Acknowledgement and Assumption of Risks and Release and Indemnity Agreement* and contact us if you have any questions. Participants' understanding of these risks and adherence to our policies and procedures can contribute to making this experience rewarding

RESERVING A PLACE AND PAYMENT SCHEDULE:

The land cost of the trip is \$1750 , plus estimated airfare of \$1,700-2,100 to Innsbruck or \$1,200-1,600 to Munich.. To reserve your place, please contact the trip leader or co leader for an application, the Confidential Medical Form and the Acknowledgment & Assumption of Risks & Release and Indemnity Agreement. Once you have been approved for the Adventure Travel trip, you will be required to send to the Leader your deposit of **\$1,000.00** made out to: **Appalachian Mountain Club (AMC)**. \$100.00 of this initial \$1,000.00 deposit is a non-refundable administration fee. Once we receive your application and other forms and have approved you for the trip, we'll send you additional information on the trip, including planned hikes, equipment lists, and travel tips. The maximum number of participants is 18, so apply early to reserve your place.

PAYMENT 2 DUE: JAN 1, 2017 \$750.00

SINGLE SUPPLEMENT if not wanting to share a double room at the hotel will be an additional payment to be determined when a final hotel reservation is made.

EQUIPMENT LIST

Below is a list of the required and recommended gear for the trip.

Required and Essential Gear

- Passport, at least six months from expiration
- Daypack, at least 1000-2000 cubic inches
- Waterproof pack liner or both a liner AND a pack cover (a pack cover will not keep water out in very high wind, but can keep the outside of the pack dryer)
- Sturdy, comfortable, waterproof hiking boots with extra shoelaces
- Synthetic hiking clothing (tops and bottoms)
- Waterproof rain gear (tops and bottoms)
- Sweater/jacket, wool or fleece
- Long pants, wool or fleece
- Nalgene bottles/Camelback (at least 2 liters total capacity)
- Sun hat or bandanna
- Warm hat, neckband or balaclava
- Gloves/mittens
- 3 pairs of hiking socks with liners
- Tevas, Crocs or other similar footwear (to wear around our lodging)
- Headlamp/flashlight with fresh batteries
- Sunglasses
- Sunscreen and insect repellent
- Personal blister kit, first aid kit and personal medications
- High-energy trail snacks
- Whistle and knife (knife not in carry-on)

Recommended and Optional Gear

- Small daypack/lumbar pack for sightseeing (or adaptation of full pack)
- Gaiters (for rain and debris)
- Hiking poles (not in carry-on), highly recommended for stream crossings, in rain and high winds

- Casual clothing
- Camera and spare batteries/charger and voltage converter or adapter as required.

Note about foreign currency: The best exchange rates euros are at ATMs in each country (Italy, France). In-country banks and money exchanges away from airports are probably next best. Traveler's checks are not recommended.

CANCELLATION POLICY:

If you cancel after being accepted for the trip, \$100 is non-refundable, but if you cancel after Jan 1, 2017 minimally \$200 is nonrefundable, if (and only if) another person takes your place. We will establish a waiting list. Should another person replace you, you will be charged only the \$200 cancellation fee. However, your cancellation shall not raise the cost of the trip to any of the participants or the leaders. Thus, if you cancel and are not replaced, you will forfeit the \$200 plus the per capita expenses already incurred and any other unpaid expenses for which the trip cannot obtain a refund. You may forfeit the entire trip fee. Flight tickets once purchased become your property and are generally non-refundable. We strongly recommend that you purchase travel insurance. Information on a company recommended by the AMC will be sent to you.

PLEASE NOTE: The price of the AMC Adventure Travel trip is given in good faith based on current tariffs and rates and is subject to change. ***Any tariff, exchange rate increases will be passed on to participants.***

Conversely if the minimum number of participants does not sign up, the leaders reserve the right to cancel the trip and refund the amounts paid. If the trip is full, we can put your name on a waiting list, or return your deposit.

AIR COSTS (ESTIMATED (\$1700-2100 to Innsbruck, \$1200 -\$1600 to Munich):

Leaders will explore the best possible options for air travel – most likely on Austria Airlines or Lufthansa, since they offer good connections. For this trip we estimate a range of \$1700-2100. ***We will assist you in any way to make your reservations, but you should not make any booking on your own without consulting the leaders. Once you purchase tickets, they are wholly owned by you. It is your responsibility to get yourself to the hotel in Kitzbuehel, Austria if your flight does not arrive in time to meet our chartered bus from Innsbruck airport. The leaders only provide chartered bus transportation when you arrive at Innsbruck airport by the time we specify.***

FLIGHTS:

We recommend that you reserve flights on Lufthansa Air or Austria Airlines, from Boston or New York JFK. Flights should leave on June 24, 2017 for arrival in Innsbruck on June 25, 2017 or other airports in Europe, but in time to meet us at the Innsbruck airport for transfer to Kitzbuehel on June 25, 2017.

For return flight you will be transported to Innsbruck airport on July 2, 2017 and should schedule your departure flight based on the airport you will be leaving from.

Trip insurance is recommended, since an illness, accident or death in the family can interfere with your plans. Trip insurance can be obtained through your travel agent or the leaders will provide you with choices of approved trip insurance companies.

YOUR LEADERS:

LEADER: GINETTE BEAUDOIN



Ginette has been a member of the AMC since 1988 and has led several day and weekend trips in the White Mountains of NH, as well as various parts of Maine. She lead this adventure trip with co leader Don Parker in July of 2011, with Jenni Blumenthal in August of 2012 and co lead this trip with Terry Peters in July 2009 with 19 participants. She has also lead Adventure travel trips to Yosemite national Park for the AMC. She has participated in numerous AMC Major Excursions to Switzerland and Austria, involving hiking and cross country skiing. She has hiked in the Stubai valley as part of a 2006 Major Excursion and hiked to 20 high Alpine Huts throughout Austria, Germany and Switzerland. She has hiked the NH 4000 footers. Her interests include hiking, photography, cross country skiing, snowshoeing, travel, information volunteer for AMC and introducing others to outdoor activities.

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CO-LEADER: ANNA PANSZCZYK



Anna is a Boston Chapter INTRO (AMC) Leader. Anna has co lead AMC Adventure Travel trips to Austria, Azores, Yosemite National Park, Minnesota and Morocco. Anna leads hiking trips in the White Mountains and most recently led an excursion to Waterville Valley and Craftsbury Vermont for snowshoeing and cross country skiing. She has also co led the Claybrook ski trip on previous years. During the summer of 2014, she and the trip leader backpacked the Haute Route from Chamonix France to Zermatt Switzerland. This is in addition to trips that she takes to all corners of the world! Anna has completed SOLO Advanced Wilderness First Aid course as well as CPR training.

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We look forward to hearing from you.
Sincerely,
Ginette Beaudoin and Anna Panszczyk