

## Thanks for your interest in the Sawtooth Mountains trip.



If you enjoy hiking and mountains, you will be happy with this adventure. It includes several of the best day trails in the Sawtooth Wilderness, immense views unique jagged peaks, numerous sparkling lakes, rivers and a wide variety of terrain---it is always astonishingly beautiful.

Note the **Qualifications** and be realistic about your ability. The trip has been developed for strong intermediates that have significant mountain experience and capable of hiking 5 – 6 hours/day. The pace is not fast, but it is steady, even on relatively steep grades.

If you have an interest in participating, please complete the personal form and return to me. If interested, we suggest immediate action. The group is limited to 14 participants and two leaders.

If you have any questions, you are welcomed to phone me in the evening between 7 – 9 pm 401 331 4553 or Jerry 401-886-4735.

We look forward to a summer of memorable hiking.

Regards Jack

# Prospectus

## The Sawtooth Wilderness of Idaho #0928

**Best Day Hikes**  
**July 10 – July 18, 2009**

### *Hike with Friends*

#### **The Sawtooth National Recreation Area and the Sawtooth Wilderness**

Craggs of pink granite soaring against clear cobalt skies, surrounded by emerald forest, rising steeply above a deep blue lake—you've got it—the Sawtooths. The National Recreation Area, 765,000 acres begins a few miles north of the famous Sun Valley Ski Resort. A favorite of Ernest Hemingway, in fact, he is buried there. The Sawtooth Mountains dominate the skyline with a string of jagged summits. More than 50 peaks are over 10,000 ft. Among the mountains lie 300 alpine lakes and numerous streams and rivers, all suitable for fishing. These mountains create the headwater for four major rivers: The Salmon, the South Fork Payette, Boise and Big Wood. The Centerpiece of the Recreation Area is the Sawtooth Wilderness, 217,000 acres, an alpine and mountain preserve with steep relief and abundant wall and spires creating a hikers paradise. Eye popping sunsets. A favorite local for professional photographers.



Wildlife included mule deer, elk, moose, coyotes, beaver, mountain goats, bears, fox and other small animals. The lakes are best known for cutthroat, rainbow, bull, eastern brook, and California Golden trout. Most of the lakes are stocked- every third year in rotation. Chinook and sockeye and Kokanee are native to the Salmon River. Birds & Fowl include Canadian geese, owls, grouse, woodpeckers, hawks, ospreys, eagles, blue birds and dippers, an unusual bird that collects bugs underwater.

#### **Day Hikes/Qualifications**

Daily hikes are all Intermediate Level: Length 6 –10 or more miles, with elevation gains of up to 3000 ft. We expect to be on the trail about five to six hours each day. We hike at a moderate, steady pace and maintain a slower but steady pace on grades. Participants should have strength and endurance demonstrated by recent and regular mountain hiking experience.

#### **Hiking in the Sawtooths**

Breathtaking! The trails can be narrow and rocky, snow covered; some grades are steep and rocky. Sometimes we ford small streams. The elevation range of our activities will be 6000' to 9,000 or more'. July and August are the dryer months but mountain weather can be inconsistent. Thunder showers are a possibility. Temperatures are cool 40 degrees to – high 70's. The northern location provides extended daylight. Excellent hiking weather. Bottom line: If you can deal with the trails& weather in the Whites you will be quite happy with the Sawtooths. The Forest Service enforces a “no more than 10 in a group” rule. We will go with two groups on different trails. Under certain circumstances the two groups may operate somewhat independently.

*After dinner each day we meet to review the day trip and discuss the hike for the next day.*

## Hike Selection

We like the higher rated trails most are within 45 minutes of our lodging. Our final selection depends on the advice of the Park Ranger: Conditions that close trails: high water at stream fords, deep snow, wet conditions, mud, slippery footing and so forth. Our selections are basically from Trails of the Sawtooth & White Cloud Mountains by Margaret Fuller, 4<sup>th</sup> edition, 2005, published by Trail Guide Books, PO Box 148 Wiser, Id 83672 Adventure Maps.net  
Each day we will review the completed hike and the next day hike.

## Safety

We want each participant to return in great condition. Safety is a major consideration. We do our best to avoid undue risk. We hike together as a group. The Park rules require groups to stay together. We are Leave No Trace hikers.



## Tour Review by Day (see tentative hiking schedule) / Lodging

**Friday** Our trip starts at Boise Idaho Airport. The vans will head northeast through the mountainous center of Idaho to Stanley(population 100)(known as the coolest town in Idaho). Smiley Creek is only 25 miles from Sun Valley and our first trailhead and trails in the southern Sawtooths. Our destination is the Smiley Creek Lodge where we will check into The Lodge (rooms), Log cabins and teepees and relax on their deck before dinner.



**Saturday** Hike in Sun Valley area, dine there

**Sunday-Monday** we move on to the Salmon River Lodge in Stanley. We stay in Log Cabins: refrig., coffee maker, hot plate, Picnic tables. Stanley, population 100, is in the center of the action, near the trailheads, home to numerous recreation outfitters, restaurants, lodges, vendors and cowboys. For all the activity, Stanley has maintained its western character: Log cabins, split log fence, grazing cattle in lush green meadows the Salmon River and above all surrounded by the rugged mountains



Breakfast beside the famous Salmon River

We will settle into our motel then go to dinner. Before or after dinner there will be a brief meeting to review general plans and the next day hike. Sunday hike. We will stay there until Friday when we return to Boise. See [Hike Schedule Hike in Sawtooth Wilderness White Cloud Mountains](#)



**Tuesday: Option Day:** half day hike, raft, fish, relax, kayak, beach. Attend arts festival, Sun Valley (pm), other ideas. The group will divide itself according to activity preference or no activity





**Wednesday-Thursday:** See Hike Schedule, reserve Thurs evening for Blue Grass Band up the street



**Friday**– Catch the beach, kayaking on Redfish Lake and leave for Boise, early PM, check into Airport hotel Dinner & Good bye (see you soon)





**Saturday:** Fly home, or continue exploration of the west.



### **Naturalist/Conservation Elements**

We are planning a presentation from one of the park Ranger, dealing with fish, wildlife, and recreational development. Plan to have a local guide hike with us one day and comment on history, wildlife, local issues and so forth –questions encouraged. We will be visiting the Redfish Lake and the Stanley Ranger Stations. We may also visit the Sawtooth Fish Hatchery

### **Dining**

We will dine at local restaurants each night and enjoy comfort and comradeship around the table. Group members prepare their own breakfasts each morning: fruit, hot/cold cereal, beverages, and other locally available foods. A Trail lunch will also be packed. Ham, cheese, turkey lettuce, green pepper, and carrots various types of bread will be included in the spread. Fruit and cookies will be provided. Restaurants normally provide chicken, fish, meat and pasta. Meals are simple, tasty and hearty. Dinner will be provided on the first Saturday. Three meals will be provided each of the following days. Due to early departure, no meals will be provided on the last Sunday. Restaurants can provide a satisfactory version of vegetarian meals. Vegetarians are advised to bring easily transported protein to compensate for possible local shortfall. On Thursday, our last dinner in Stanley, we will dine at the famous Redfish Lodge.

## Transportation

We will use vans to transport our group of 14-16. Baggage space is limited. The hotel in Boise will provide transportation to the air terminal.

## Participation in Group Service

Each participant will be expected to volunteer for food preparations and clean up chores as well as other lodge, travel and trail assignments as necessary to help the group maintain steady, safe progress.

## References

### Base Trip Cost

Deposit	\$500.00
March	Air travel tickets. We will help you purchase them
May 1	\$950.00
Total	\$1450.00

Included: lodging, meals, vans, park fees, recreation credit, emergency medivac insurance.

***Checks should be payable to Jack Schempp***

Note current (11/3/08) ticket cost to Boise from Boston is \$500-\$550.00. We hope that reduced fuel costs will stimulate lower airfares in 2009.

Participants purchase Flight tickets. Reference: Orbitz.com, ([www.Expedia.com](http://www.Expedia.com)) or SideStep for reference prices.

## Cancellation Policy

Cancellation must be in writing – post marked prior to date below

Prior to May 1 -All deposit returned except \$100.00 Non refundable portion

- There after the non refundable \$100 will be deducted plus money to keep the per person cost from increasing. Refunds will not be issued until 60 days after the trip is completed
- No refunds after May 15, 2008 unless a qualified replacement is enrolled

## Responsibilities

Participants are required to submit paperwork and payments promptly and to and personal items as listed in the May note bring equipment as listed in the May note. They are also expected to assist the leaders and complete meal and camp chores as assigned

## Schedule of Possible Hikes

### Tour Review by Day

Sawtooth Day Hikes 2009:

Day	Hike#	Miles	Gain	Max	Comment
Fri.Jul 10	Arrive				No Hike
Sat.Jul 11	116 GalenaLoop	7mi	700'	8300	Galena Peak&Smoky Mt, Historic trails
	105 Head of Salmon river	6	700	7700	Flowering meadows, canyons divides Sawtooth & Smoky Mts
Sun.Jul 12	66 Washington Basin	10	1900	9380	Canyon walls, various hues, ruins of old mines near Castle Peak
	9 Alice Lake	11	1600	8600	Riverside trail thru forest&Mts to beautiful alpine lakes
Mon Jul 13	78 Born Lake	10	1400	9900	Hike up to lookout, then down to canyon, pristine lakes
	36 Sawtooth Mt, Alpine Lakes	9.6	1720	8430	One of our favorites, scenic ascent to stunning Mt view
Tues July 14	Option Day				Morning hike optional, raft, fish? swim, kayak, relax
Weds. Jul 15	83 Boundary Creek	11	2760	9560	View panorama of white, White Cloud Mts
	9 Alice Lake	11	1600	8600	Riverside trail thru forest & Mts to alpine lake
Thurs Jul 16	36 Sawtooth Mt Alpine Lake	9.6	1720	8430	One of our favorites, scenic Ascent to stunning Mt view
	78Born Lake	10	1400	9900	Hike up to lookout, then down to canyon, pristine lakes
Fri 18	Beach, kayak				
	Depart for Boise 1pm				
Sat 19	Depart Boise				

To be reviewed with park ranger and up dated in December 08

## **Leader**

### **Jack Schempp**

Has led 18 Major Excursions and more than 40 weekend and multi-day hike, bike, X-C skiing trips.. He has also led Major Excursions to the Sawtooths (08) Yosemite, Canadian Rockies, Mt Rainier, Mt Hood (OR), Mt Baker (WA), Grand Tetons, Yellowstone, Zion, Bryce, Escalante canyons. He is certified in Wilderness First Aid and CPR.



## **Co-leader**

**Jerry Bernardini** is an active “Whites” multi-day hike and as a Backpack Leader. His experience also includes hiking trips in the US Rockies and Sierras. He has been hiking in the mountains for thirty years. Jerry is certified in Wilderness First Aid and CPR. He was Co-Leader on the 2007 Tetons, 2006 and 2007 Canadian Rockies Major Excursions.

## **Final Consideration**

The Idaho Sawtooths are an experience of a lifetime. The exploration and discovery of these great mountains is enhanced with the company of enthusiastic AMC members. Don't miss it!

